



HELP US

Nourish our Neighbors



January EXTRAS	February Breakfast/Grains	March Canned Soups
April Canned Vegetables & Fruits	May Peanut Butter & Canned Protein	June Whole Grains & Carbs
July EXTRAS	August Breakfast/Grains	September Canned Soups
October Canned Vegetables & Fruits	November Peanut Butter & Canned Protein	December Whole Grains & Carbs



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Soup

Plain broth

Canned Vegetables

Canned Fruits

Peanut Butter

Canned Meats

Box or 90-second pasta

Bag or 90-second rice

Crackers

Oatmeal

Grits

Cream of Wheat

Protein Bars

Granola Bars

Shelf-Stable Juice

Electrolyte Powder

Gum

Mints

Hard Candy

Pudding/Pudding Mix

Jello/Jello Mix

Fruit Cups

*Misc shelf stable foods that you
think cancer patients would
enjoy*